



KHOJA SHIA ITHNASHERI CHARITABLE EYE CENTRE

PROJECT OF KSI JAMAAT OF DAR ES SALAAM

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HUDUMA-HURUMA-HESHIMA-UPENDO

Affordable eye care for all

1st ANNIVERSARY REPORT - JUNE 2021-MAY 2022

ACHIEVEMENTS-CHALLENGES-IMPACTS

WE MEASURE OUTCOMES NOT OUTPUTS

KSI Charitable Eye Centre is a premier eye center providing affordable and quality eye care related services and goods to community and local residents of Temeke District and beyond. Temeke District is one of the three districts of Dar es Salaam that is most densely populated, with more than 1.5M residents over an area of 729 sq km. Non availability and non-affordability are the major reasons most people with poor or low vision must suffer in silence.

When people suffer from poor eye health, their quality of life is diminished and the cycle of poverty is perpetuated. The **KSI Charitable Eye Centre** has been able to reach the communities who had no accessibility to even basic eye care due to non affordability.

The impact of blindness and poor vision on quality of life is particularly alarming for those living in poverty. Approximately 45 million people in the world are blind, and 87% of visually impaired people live in developing countries. The economic consequences of blindness are staggering, as 90% of blind individuals cannot work. Thus, "poverty and blindness are believed to be intimately linked, with poverty predisposing to blindness, and blindness exacerbating poverty by limiting employment opportunities, or by incurring treatment cost.

EyeCare in Tanzania-Facts and Figures

- Eye conditions are amongst the top 10 diseases in Tanzania.
- There is only one ophthalmologist to every 1.3 Million population
- 80% of the blindness are treatable and preventable.
- According to the WHO, the leading causes of blindness in Tanzania are cataract 50%, corneal blindness 20% and glaucoma 10%. Other causes such as uncorrected refractive errors, retinal and optic nerve diseases, diabetes retinopathy, maculopathies, genetic anomalies and albinism.

The **KSI Charitable Eye Centre** was set up with a primary mission of ***affordable eye care for all***.

It was through the generosity of the community, both nationally and internationally, The Centre was officially inaugurated on June 20, 2021 by the Chairman of the WF, AlHaj SafderBhai Jaffer.

Uniqueness of KSICEC: The Centre provides exclusive services not found in any Eyecare facilities of that level in the country.

1. The service echoes the four ethos of the Organization.

HUDUMA (SERVICE); HURUMA (COMPASSION); HESHIMA (RESPECT); UPENDO (LOVE)

2. At the triage, each patient undergoes the following five steps
 - a) Visual Acuity
 - b) IOP- Eye Pressure
 - c) Blood sugar
 - d) Blood Pressure
 - e) Counselling if any of the above readings are found abnormal.
3. Both the Optometry Rooms and Ophthalmologist consulting room are fully equipped
4. The optical room provides good quality frames at very reasonable costs.
5. All cataract surgeries are done free.

6. NO PATIENT IS DEPRIVED OF EYE CARE SERVICES DUE TO BEING UNABLE TO PAY.

Impacts:

1. The 5 step triage revealed shocking information. We learnt that many patients were suffering from Hypertension, Diabetes and/or Glaucoma. Sadly most of them were completely unaware. The screening detected the condition. Their poor or low vision was not primarily due to refractive errors or cataract, but sadly due to consequences of the other underlying causes, mainly Glaucoma, Diabetes and Hypertension.
2. Early detection and early management is the only way that will save the sight and prevent irreversible blindness.
3. Affordable eye glasses is a great help to the patients, students and elderlies in particular.
4. The ethos of service with compassion does not allow our optometrists to prescribe glasses if not required, thus saving unnecessary expenses for the families.
5. The free cataract surgeries has had a great impact on the patients. It is very heartwarming to learn from most of the beneficiaries that if it were not for this kind gesture of providing free cataract surgeries, they would be still living in blindness with life of depending on others and low self esteem. The humiliation of being unproductive member and depending on the already hard hit family always is a constant psychological trauma. Unfortunately most of them being elderlies and frail.

Outcomes of successful treatments:

1. The vast majority of visually impaired people throughout the developing world are suffering from preventable visual impairments.
2. Eye infections that lead to blindness can usually be treated with antibiotic eye drops and ointments.
3. For many patients with cataracts and other visual impairments, corrective surgeries are among the most cost-effective and highly successful medical interventions.
4. Though blindness may temporarily trap individuals in poverty, health interventions have the potential to help the blind and their families improve their socioeconomic status.
5. Ophthalmic interventions are effective means to help break the cycle of poverty that entraps the blind. Those who had lost their jobs due to blindness may re-enter the workforce. In addition, some of those who did not return to work relieved other family members from household duties, enabling them to return to work.

OUR NEXT UPCOMING PHASES:

1. **SPECIALISED CLINICS**
To address and counsel those conditions that lead to poor vision and finally blindness.
2. **DIAGNOSTIC AND LASER TREATMENT UNIT:**
To establish this unique unit to diagnose and treat the patients referred from the above Specialised Clinics.

A brief information on both these projects are provided in this publication.

Statistics on the services from June 2021-May 2022:

Total number of patients: 8,807+May

Total number of surgeries: 376+May

Total number of glasses dispensed: 1,078+May

FRAMES



PATIENTS



SURGERIES

